

HEALTH AND HUMAN DEVELOPMENT

End-of-year examination – Units 3 and 4

Description

Examination time – 2 hours

Contribution to study score – 50%

The examination will cover content drawn from both Units 3 and 4. All areas of study and outcomes are examinable.

Students will be required to demonstrate an ability to analyse and synthesise information as well as to recall relevant knowledge. The analysis and synthesis of the content of the study will be more heavily weighted in the examination than recall of knowledge.

The examination will consist of several questions. Each question may include data for analysis such as graphs, charts, photographs, case studies and/or diagrams and may consist of one or more parts.

Individual items may relate to more than one criterion.

Examination criteria

The examination will address all of the criteria. All students will be examined against each criterion.

1. understanding of the health status of Australians and the role of the biomedical and preventive approaches to health care in promoting health
2. understanding of the role of governments in maintaining and promoting health
3. understanding of the nutritional considerations for optimal health across the life span
4. understanding of the relationship between dietary imbalances and ill health and the costs to the community
5. knowledge of factors that affect food selection and strategies to promote healthy eating
6. understanding of health and development across the life span in industrialised and developing countries
7. understanding of the influences on health and development in industrialised and developing countries
8. understanding of the strategies to optimise health and development

OUTDOOR AND ENVIRONMENTAL STUDIES

End-of-year examination – Units 3 and 4

Description

Examination time – 2 hours

Contribution to study score – 50%

The examination will cover content from Units 3 and 4. All areas of study and outcomes are examinable.

The examination will include questions that require recall of information. However, the major requirement is the application of knowledge so that links between practice and theory are strongly emphasised. A range of stimulus material such as graphs, charts, tables, diagrams, maps, drawings, scenarios and case studies will provide the basis for questions involving the analysis and interpretation of information.

The examination paper will consist of questions that require short or extended answers, and individual items may relate to more than one criterion.

Examination criteria

The examination will address all of the criteria. All students will be examined against each criterion

1. knowledge of the relationships between humans and the outdoor environment over time
2. analysis of the influence of humans on outdoor environments
3. analysis of contemporary views and images of the Australian outdoor environment
4. knowledge of the importance of natural environments for future human societies and biodiversity
5. knowledge of patterns and types of human interactions with outdoor environments and the potential impact on societies of damage to natural environments
6. evaluation of strategies and actions required for humans to interact with minimal impact on natural environments
7. knowledge of conflicts related to usage of natural environments, and the decision making processes and strategies employed to influence them
8. evaluation of policies related to reducing the impact of human use of natural environments
9. knowledge of policies, management approaches and strategies for achieving ecologically sustainable development of natural environments

PHYSICAL EDUCATION

End-of-year examination – Units 3 and 4

Description

Examination time – 2 hours

Contribution to study score – 50%

The examination will cover content from Units 3 and 4. All areas of study and outcomes are examinable.

The examination will include questions that require recall of information. However, the major requirement is the application of knowledge so that links between practice and theory are strongly emphasised. Questions may include stimulus material such as graphs, charts, tables, diagrams, drawings and case studies as the basis for the analysis and interpretation of information.

The examination paper will consist of questions that require short answers, and may relate to more than one criterion.

Examination criteria

The examination will address all of the criteria. All students will be examined against each criterion.

1. knowledge of the relationship between energy systems and components of fitness during physical activity
2. knowledge of the role of food and oxygen in the delivery of energy for muscular movement
3. knowledge of the characteristics of muscles and their role in movement
4. knowledge of the relationship between the interplay of energy systems and fatigue and recovery in physical activity
5. knowledge of the application of fitness assessment, training principles and methods to enhance fitness
6. knowledge of acute responses and chronic adaptations to training
7. knowledge of factors that influence initial and continued participation in physical activity
8. knowledge of programs designed to promote participation in physical activity
9. knowledge of the impact on participation by the promotion of physical activity as a consumer product
10. understanding of the influences on performance in physical activity
11. knowledge of limitations on performance in physical activity
12. understanding of methods and techniques that enhance performance