Physical Education PE03

Refer to [Advice for Teachers](https://www.vcaa.vic.edu.au/curriculum/vce/vce-study-designs/physicaleducation/Pages/Index.aspx), as required.

* Practical work in preparation for Unit 4 Outcomes may be delayed until classroom learning resumes.
* Schools and teachers may provide students with secondary data for analysis if primary data is not available.

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| Outcome | Assessment task | Must be completed on-site, adhering to social-distancing advice | Notes |
| **Outcome 1**  Collect and analyse information from, and participate in, a variety of practical activities to develop and refine movement skills from a coaching perspective, through the application of biomechanical and skill acquisition principles. | Structured questions that draw on primary data that analyses a movement skill using biomechanical and skill-acquisition principles. | Collection of primary data through practical activities:   * 30–40 minutes per day, one day per week for a four-week period. | Depending on activity selected, and the number of students, the practical activity undertaken to collect primary data may be conducted on site adhering to practicable social-distancing rules. |
| **Outcome 2**  Use data collected in practical activities to analyse how the major body and energy systems work together to enable movements to occur, and explain the factors causing fatigue and suitable recovery strategies. | A laboratory report based on primary data collected during participation in a practical activity, which analyses the relative contribution of energy systems and acute responses to exercise. | Collection of primary data through practical activities:   * One 40–60 minutes session. | Depending on activity selected, and the number of students, the practical activity undertaken to collect primary data may be conducted on site adhering to practicable social-distancing rules. |