Workplace Learning Record

VCE VET Dance



CUA30120 Certificate III in Dance

**Student name**:

Modification history

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SWL Recognition

Structured Workplace Learning (SWL) recognition provides you with the opportunity to gain credit into your VCE or VCAL for undertaking SWL that matches your VCE VET program.

To receive recognition and credit, you will be required to reflect on your experience in the workplace and how this relates to your VET course. Your reflections are to be recorded in the three sections of this Workplace Learning Record (WLR).

About this workplace learning record

This WLR helps you gather evidence for assessment and is part of the requirement for obtaining SWL recognition.

To be eligible for one unit of credit towards your VCE or VCAL, you must:

* be enrolled in a minimum of 180 nominal hours of units of competency (UoCs) from the CUA30120 Certificate III in Dance
* undertake a minimum of 80 hours (equivalent to 10 days of work) in a dance industry placement
* reflect on a minimum of six UoCs from your program including the WHS UoC (CUAWHS311 - see page 8).

VCE VET Dance

CUA30120 / Certificate III in Dance

The VCE VET Dance program is drawn from a national training package and offers portable qualifications which are recognised throughout Australia. These qualifications provide students with a broad range of skills and knowledge to pursue a career or further training in sectors of the entertainment industry.

The CUA30120 Certificate III in Dance, is a preparatory qualification that allows learners to develop basic technical skills and knowledge to prepare for work in the live performance industry.

Specifically, a graduate of this course may learn the skills needed for:

* developing dance technique
* preparing for performance
* developing physical conditioning for dance performance
* sustainable work practices
* working effectively with others.

Job roles may include:

* trainee dancer (contemporary)
* trainee dancer (musical theatre)
* trainee indigenous dancer
* entertainer.

Workplace Learning Record

The WLR is divided into three sections.

**Section 1**: Learner profile

**Section 2**: Learning about VET UoCs in the workplace

**Section 3**: Post-placement reflections

Please complete the details of your workplace.

|  |  |
| --- | --- |
| Employer/Company/Business |  |
| Supervisor name |  |
| Contact phone number |  |

|  |  |
| --- | --- |
| Employer/Company/Business |  |
| Supervisor name |  |
| Contact phone number |  |

|  |  |
| --- | --- |
| Employer/Company/Business |  |
| Supervisor name |  |
| Contact phone number |  |

Section 1: Learner profile

Complete the learner profile and discuss this with your host employer on or before your first day of placement.

|  |  |
| --- | --- |
| **Name** |  |
| **School** |  |
| **Phone number** |  |
| **Email** |  |
| **Explain why you decided to undertake this VET course?** | |
|  | |
| **List the other subjects that you are undertaking.** | |
|  | |
| **Explain why you have chosen this overall program.** | |
|  | |
| **Outline what interests you about the industry.** | |
|  | |
| **What is your planned career path or future career aspiration?** | |
|  | |
| **Describe any workplace skills you have developed through previous work experience, SWL or part time employment.** | |
|  | |
| **How have you developed these skills?** | |
|  | |

Section 2: Learning about VET units of competency in the workplace

This WLR contains three key questions per UoC designed to draw out related experiences you may be exposed to in a workplace.

This does not cover all the elements or performance criteria within the units and is not designed as a UoC assessment tool.

You should comment on the UoCs you have experienced in the workplace and reflect on actual observations or activities that you have been exposed to. Your observations will:

* reinforce the training you have undertaken
* identify differences in practice or equipment
* identify areas requiring further training or practical experience.

You are encouraged to take photos and/or video where appropriate to showcase learning in the workplace. Evidence you collect can include:

* observations
* descriptions of activities and tasks
* conversations with employers and other staff
* participation in meetings
* workplace documents
* research in the workplace
* photos of equipment/processes/events
* video of workplace activities.

**Note**: please speak to your host employer before taking photos or video. Do not use the names or details of any clients / stakeholders external to the organisation / other. This record does not require identifying actual people or events, as this may breach confidentiality.

Program outline

CUA30120 Certificate III in Dance

UoCs included in this program are listed below. There are compulsory UoCs, along with a selection of electives. You can make a note of any UoC that relates to your experiences in the workplace. Indicate the year you are undertaking each UoC.

| Unit code | Unit of Competency | Nominal Hours | Year | Page |
| --- | --- | --- | --- | --- |
| **Work, Health and Safety Units** | | | | |
| CUAWHS311 | Condition body for dance performance | 60 |  | 8 |
| **Compulsory** | | | | |
| CUADAN212 | Incorporate artistic expression into basic dance performances | 45 |  | 9 |
| CUAIND211 | Develop and apply creative arts industry knowledge | 20 |  | 10 |
| CUAPRF314 | Develop audition techniques | 35 |  | 11 |
| CUAPRF317 | Develop performance techniques | 35 |  | 12 |
| **Electives** | | | | |
| CUACHR311 | Develop basic dance composition skills | 30 |  | 13 |
| CUADAN315 | Increase depth of jazz dance techniques | 50 |  | 14 |
| CUADAN316 | Increase depth of ballet dance techniques | 70 |  | 15 |
| CUADAN317 | Increase depth of cultural dance techniques | 45 |  | 16 |
| CUADAN318 | Increase depth of contemporary dance techniques | 45 |  | 17 |
| CUADAN319 | Increase depth of street dance techniques | 45 |  | 18 |
| CUADAN320 | Increase depth of social dance techniques | 45 |  | 19 |
| CUADAN321 | Increase depth of tap dance techniques | 45 |  | 20 |
| CUADAN322 | Increase depth of lyrical dance techniques | 60 |  | 21 |
| CUADAN331 | Integrate rhythm into movement activities | 25 |  | 22 |
| CUAIND311 | Work effectively in the creative arts industry | 50 |  | 23 |

List any other units you are undertaking and include comments regarding additional units on page 24.

VCE VET units of competency

CUAWHS311 Condition body for dance performance

This unit describes the skills and knowledge required to optimize physical wellbeing and safely perform a range of body conditioning exercises and movements to support dance performance. Physical conditioning exercise programs may be undertaken in dance or fitness studios, or gyms.

|  |  |
| --- | --- |
| **Respond to the following** | **Comments/observations** |
| What techniques were observed that promote physical and mental health and wellbeing during a conditioning regime. |  |
| Describe one conditioning regime observed in the workplace to improve dance performance. |  |
| How did you exercise safely? |  |

CUADAN212 Incorporate artistic expression into basic dance performances

This unit describes the performance outcomes, skills and knowledge required to incorporate artistic expression into basic dance performances under the supervision of experienced dancers and dance teachers.

|  |  |
| --- | --- |
| **Respond to the following** | **Comments/observations** |
| Describe two basic health and safety procedures that were used in dance rehearsals and performances in the workplace. |  |
| How were individual performance issues addressed in the work place? |  |
| Describe three dance styles observed at the workplace, the origins and characteristics of each of the dance styles. |  |

CUAIND211 Develop and apply creative arts industry knowledge

This unit describes the skills and knowledge required to develop and apply basic creative arts industry knowledge to industry practices, including industry structures and operations, employment obligations and opportunities, the impact of new technology, and identification of industry laws, regulations, and protocols. It involves researching the creative arts industry and updating personal knowledge based on this research.

|  |  |
| --- | --- |
| **Respond to the following** | **Comments/observations** |
| Describe how technology was used in the workplace.  Describe how you were able to keep informed on emerging technologies. |  |
| Outline the range of occupations observed in the workplace. |  |
| In the workplace, describe two laws relating to the industry that you were made aware of or observed. |  |

CUAPRF314 Develop audition techniques

This unit describes the performance outcomes, skills and knowledge required to develop and apply an understanding of the audition process in the live performance industry.

|  |  |
| --- | --- |
| **Respond to the following** | **Comments/observations** |
| What audition process and requirements did you observe in the workplace? |  |
| How was the outcome/result of the audition communicated in the workplace? |  |
| What relaxation techniques did you use/observe to overcome performance anxiety? |  |

CUAPRF317 Develop performance techniques

This unit describes the skills and knowledge required to prepare physically and psychologically and perform for live audiences.

The unit applies to those who are training to be actors, dancers, circus performers, musicians or vocalists in the entertainment, theatre and events industries.

|  |  |
| --- | --- |
| **Respond to the following** | **Comments/observations** |
| Describe two strategies observed in the workplace for overcoming performance anxiety. |  |
| Describe the industry practices for safe movement practices and injury-prevention that you observed in the workplace. |  |
| Describe how feedback was provided to performers. |  |

CUACHR311 Develop basic dance composition skills

This unit describes the skills and knowledge required to organize movement to compose a short dance sequence of limited topic or scope. The skills developed in this unit are the building blocks for the craft of choreography.

|  |  |
| --- | --- |
| **Respond to the following** | **Comments/observations** |
| Describe a dance sequence that you composed. |  |
| Describe dance techniques that you observed in the workplace. |  |
| How were dance sequences evaluated in the workplace? |  |

CUADAN315 Increase depth of jazz dance techniques

This unit describes the performance outcomes, skills and knowledge required to consolidate basic jazz dance technique to achieve a greater depth of expression in performances.

|  |  |
| --- | --- |
| **Respond to the following** | **Comments/observations** |
| Describe one technique you observed in the workplace for improving each of the following: stamina, strength and flexibility. |  |
| Outline the main warm-up and warm-down activities observed. |  |
| In the workplace, how was feedback used to improve jazz dance and performance skills? |  |

CUADAN316 Increase depth of ballet dance techniques

This unit describes the performance outcomes, skills and knowledge required to consolidate basic ballet dance technique to achieve a greater depth of expression in performances.

|  |  |
| --- | --- |
| **Respond to the following** | **Comments/observations** |
| Describe one technique you observed in the workplace for improving each of the following: stamina, strength and flexibility. |  |
| Outline the spatial awareness in basic ballet dance movements observed in the workplace. |  |
| In the workplace how do dancers maintain up to date knowledge of ballet history and dance terminology? |  |

CUADAN317 Increase depth of cultural dance techniques

This unit describes the skills and knowledge required to consolidate basic cultural dance technique and achieve a greater depth of expression in dance classes and performances.

|  |  |
| --- | --- |
| **Respond to the following** | **Comments/observations** |
| Describe one technique you observed in the workplace for improving each of the following: stamina, strength and flexibility. |  |
| How was the relationship between cultural dance and music or other media communicated, in the workplace? |  |
| In the workplace, how was feedback used to improve cultural dance techniques and performance skills? |  |

CUADAN318 Increase depth of contemporary dance techniques

This unit describes the skills and knowledge required to consolidate basic contemporary dance technique and achieve a greater depth of expression in dance classes performances.

|  |  |
| --- | --- |
| **Respond to the following** | **Comments/observations** |
| Describe two exercises for building contemporary dance techniques, that you observed in the workplace. |  |
| How was the relationship between movement and music of contemporary dance communicated in the workplace? |  |
| In the workplace how do dancers maintain up to date knowledge of contemporary dance history and dance terminology? |  |

CUADAN319 Increase depth of street dance techniques

This unit describes the skills and knowledge required to consolidate basic street dance technique and achieve a greater depth of expression in dance classes and performances.

|  |  |
| --- | --- |
| **Respond to the following** | **Comments/observations** |
| Describe one technique you observed in the workplace for improving each of the following: stamina, strength and flexibility. |  |
| How were safe dance practices followed in the workplace? |  |
| How were creative ideas for choreographing basic street dance routines generated in the workplace? |  |

CUADAN320 Increase depth of social dance techniques

This unit describes the skills and knowledge required to consolidate basic social dance technique to achieve a greater depth of expression in practice sessions and performances.

|  |  |
| --- | --- |
| **Respond to the following** | **Comments/observations** |
| Describe one technique you observed in the workplace for improving each of the following: stamina, strength and flexibility. |  |
| Outline the main warm-up and warm-down activities observed. |  |
| In the workplace, how was feedback used to improve social dance techniques and performance skills? |  |

CUADAN321 Increase depth of tap dance techniques

This unit describes the skills and knowledge required to consolidate basic tap dance technique and to achieve a greater depth of expression in dance classes and performances.

|  |  |
| --- | --- |
| **Respond to the following** | **Comments/observations** |
| Identify the clothing and footwear observed in the workplace for practising tap dance technique. |  |
| Outline the main warm-up and warm-down activities observed. |  |
| In the workplace, how was feedback used to improve tap dance techniques and performance skills? |  |

CUADAN322 Increase depth of lyrical dance techniques

This unit describes the skills and knowledge required to consolidate basic lyrical dance technique and achieve a greater depth of expression in dance classes performances.

|  |  |
| --- | --- |
| **Respond to the following** | **Comments/observations** |
| Describe one technique you observed in the workplace for improving each of the following: stamina, strength and flexibility. |  |
| How were safe dance practices followed in the workplace? |  |
| How were creative ideas for choreographing basic lyrical dance routines generated in the workplace? |  |

CUADAN331 Integrate rhythm into movement activities

This unit describes the skills and knowledge required to analyse and integrate the rhythm of music into dance and movement routines.

|  |  |
| --- | --- |
| **Respond to the following** | **Comments/observations** |
| What styles and genre of music did you observe being used in the workplace? |  |
| Describe how you selected body movements and music to express intention or artistry. |  |
| Describe one strategy to evaluate performance that was used in the workplace. |  |

CUAIND311 Work effectively in the creative arts industry

This unit describes the skills and knowledge required to work effectively in the creative arts industry. It applies to any field of the arts industry and is relevant to people in a wide range of occupations, for example, dancers, musicians, actors, cabaret performers, street performers, entertainment administrators, reviewers, film makers and public artists.

|  |  |
| --- | --- |
| **Respond to the following** | **Comments/observations** |
| How did you prioritise tasks at work? |  |
| What new technologies did you observe in use at work? |  |
| What was the process for implementing and monitoring work contracts? |  |

Comments/observations on any other unit(s) of competency not listed

|  |  |
| --- | --- |
| **Unit(s)** | **Comments/observations** |
|  |  |

Section 3: Student post-placement reflection

Employability skills are a set of eight skills we use every day in the workplace.

1. Communication
2. Teamwork
3. Problem solving
4. Self-management
5. Planning and organising
6. Technology
7. Learning
8. Initiative and enterprise

When you are on work placement, you will be using employability skills in many ways.

This record will assist you when applying for jobs and in interviews. The skills you are developing may be transferred to a range of occupations. Assessment of SWL recognition is based on a discussion of each of the sections from this booklet with a school representative.

In Section 3, identify the employability skills you have used and how you have demonstrated them in the workplace. Identify how the skills you have acquired and used during your 80 hours of SWL might assist you in the future.

List of employability skills

How did you demonstrate **communication skills**? For example, by listening and understanding, speaking clearly and directly, or reading and writing.

|  |
| --- |
|  |

How did you demonstrate **teamwork**? For example, by working as part of a team or sharing ideas and resources with co-workers.

|  |
| --- |
|  |

How did you demonstrate **problem solving**? For example, by identifying problems or developing solutions to workplace issues.

|  |
| --- |
|  |

How did you demonstrate **self-management**? For example, by taking responsibility, managing time and tasks effectively, monitoring your own performance or having the ability to work unsupervised.

|  |
| --- |
|  |

How did you demonstrate **planning and organising**? For example, by time management, setting priorities, making decisions, setting goals, collecting, or analysing and organising information.

|  |
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|  |

How did you demonstrate the use of **technology**? For example, by being prepared to use a range of technology systems, IT skills (typing or data entry), or being able to learn new skills from the technology used in this industry.

|  |
| --- |
|  |

How did you demonstrate **learning**? For example, by being willing to learn new things, being open to new ideas or adapting to change.

|  |
| --- |
|  |

How did you demonstrate **initiative and enterprise**? For example, being creative, adapting to new situations, turning ideas into actions, coming up with a variety of options.

|  |
| --- |
|  |

Summary of industry learning

At the conclusion of your SWL for this VET Qualification, think about the experiences you have had in the workplace, your reflection of learning against the UoCs and the employability skills you have developed.

How will these learnings assist you in your pathway to employment or further training in this industry?

|  |
| --- |
|  |

Student declaration

I confirm that I have undertaken work placement with:

|  |  |
| --- | --- |
| **Employer/Company/Business name** | **Total hours of placement** |
|  |  |
|  |  |
|  |  |
| **TOTAL** |  |

I have completed the reflections and evidence submitted in this WLR and they are from my own experiences.

**Signed** (Student)

**Name** (Block letters)

**Date**