F-2 Dance Resource: Body linking

**[Jen]:** Another way for children to learn is to play the Mirror game, where they follow one another.

David, follow me.

Your turn.

**[David]:**Children can make complementary movement patterns in shared space. We'll give you an example.

Jen, move in three, four.

David. (HUMS RHYTHMICALLY)

Jen. (HUMS RHYTHMICALLY)

David. (HUMS RHYTHMICALLY)

David. (HUMS RHYTHMICALLY)

Jen. (HUMS RHYTHMICALLY)

David. (HUMS RHYTHMICALLY)

Jen. (HUMS RHYTHMICALLY)

**[Jen]:** As the children are experimenting with movement, you can extend the movement vocabulary with different action words.

David, jump into a body position.

Spin into a body position.

Slide into a body position.

Balance in a body position.

Let's try that again.

Jump. Still, still, still.

Spin. Still, still, still.

Slide. Still, still, still.

Balance. Still, still, still.