**[Teacher]** Hi Violet.

**[Violet]:** Hi.

I choose the grapes because I like grapes, and I brought cupcakes with my mum

**[Teacher]**: Your mum put in cupcakes, did she?

**[Violet]:** Yes

**[Teacher]**: Is that a healthy food?

**[Violet]:** No but mummy put it in.

**[Teacher]:** Should you have that every day?

**[Violet]:** Yes

**[Teacher]:** Every day?

**[Violet]:** But in small amounts. [Teacher] Excellent, but in small amounts,

**[Teacher]:** What else would be getting your healthy lunch box?

**[Violet]:** A carrot, a potato, some pasta, a yoghurt and a fruit stick.

**[Teacher]:** And why did you choose those?

**[Violet]:** Because they're yummy, and they're good to eat.

**[Teacher]:** Yeah. Thanks Violet.

[Copyright Victorian Curriculum and Assessment Authority](https://www.vcaa.vic.edu.au/Footer/Pages/Copyright.aspx) 2020